# Rider Information Pack 2024



### Introduction

The Vale Brewery Sportive is a social cycle event taking place in the heart of Buckinghamshire celebrating England's amazing countryside and the beer and wines that are produced here!

The Vale Brewery is a special family run business located just north of producing some of the finest ales in the county.

This sportive includes two routes, HALF PINT and FULL PINT which will be fully signposted and supported with refreshment stops along the way.

Once the cyclists have finished the ride they can relax back at the brewery, drink the fine beer in the taproom along with a barbeque selling wonderful burgers from the local farm shop



## **Essential Information**

### **Getting there**

All participants are to arrive at the Brewery for 8.00-8.45 am to register and prepare yourself for the ride ahead. If you would like to come earlier there will be tea and coffee refreshments available to purchase from 8am. The venue is well signposted but for those of you that don't know where that is, below is a map and arrow pointing to where you are to meet.

### Address

Vale Brewery, Tramway Business Park, Ludgershall Rd, Brill, Aylesbury, HP18 9TY

Post code: HP18 9TY





### What to bring

We're expecting you all to have a bike! In addition to the obvious please bring the following:

- Spare pump
- Spare inner tubes
- Helmet
- Cycling glasses
- Basic tool kit
- Water bottles with water in
- Water proof cycling gear just in case
- Fully charged mobile phone
- Food supplements for the journey (there will be refreshment stops as well)

### **Toilet**

There will be toilet facilities at the event HQ. Toilets will also be available at the refreshments stops as well.

### **Photography**

Charles Whitton Photography will be out on course to capture as many of you as possible. Participants will have the opportunity to view and purchase these photos on the link below.

https://mailstat.us/tr/t/doislyuqlxk9i7ol/1/https:/bit.ly/ValeBrewerySportive2024-CharlesWhittonPhotography





### Do's and Don'ts

This is not a race and, although some will be more capable of going faster than others, you are free to ride at your own pace.

### Please do:

- Enjoy the scenery
- Challenge yourself



- Stop and have a coffee, (why not?)
- Follow the Highway Code.
- Wear a helmet at all times!
- Always stay vigilant!

### Please don't:

- Drop litter
- Impede traffic
- Ride in a large group in the middle of the road
- Ride on the wrong side of the road

### **Registration**

Registration will be taking place from 8.00am with a rolling start from 9.00am onward. All participants are to report in and make sure all details are correct e.g. contacts details.

Here you will pick up your rider numbers and maps of both the HALF PINT and FULL PINT routes with essential contact details on.







### **Rider Briefing**

There will be a short briefing at the start line regarding safety, timings, finish line and refreshment locations.

### **Timing**

All participants to arrive from 8.00am to aim for a 9.00am rolling start.

### **Signage**

The whole route will be signposted where there is a junction, a change in direction or to assure you are on the right course. The signs as shown below will be attached to signposts, wooden stakes, traffic lights etc. Below is an example of what to look out for.





### **Route maps**

A GPX file of the route will be available for download from

https://www.letsgovelo.co.uk/event/vale-brewery-sportive-29th-june-2024

### **Refreshment Stations**

Refreshments stops are available to Half and Full Pint riders at Oving Village Hall approx. 28km. The next refreshment stop for Full Pint riders only is at Marsh Gibbon Village Hall. 72km. There will be water, energy powder, flapjack bars, bananas and jelly babies available and access to toilets at each stop.

### **Mechanical support**

Mechanical support will be provided by Andy of Bike Support (He's a local mobile mechanic local to the Buckinghamshire area, see his website <a href="https://bike-support.co.uk/">https://bike-support.co.uk/</a>) available from the event HQ for general bike check ups. Andy will also be available all day if you have a mechanical problem that you cannot fix and he'll come out to you.



### **Medical support**

First Aid will be available at the HQ and mobile through the event provided by Toby Fellows. In the event of a serious injury then dial **999** immediately.

If your injury is not serious but you still require medical attention then please call the first aid number (phone number on your map card).

If you see another participant who is struggling or needs assistance - please call for medical support.

If you feel unwell on the event day or your training has not gone to plan, we ask you to give serious consideration to your ability to undertake the event. We reserve the right to prevent participation on the day due to medical grounds.

### **Food and Drink**

The Vale Brewery will have their taproom open from 12 noon until 5pm and we will be putting on a BBQ which will be available to purchase from 12.30 -4.30pm.

The brewery will also be providing a beer to takeaway with you for enjoyment later.





# **CYCLE EVENTS & HOLIDAYS**

# WE HOPE YOU ENJOY THE EVENT!!

# **Event organiser contact details**

Toby Fellows Contact details:

Mobile number - 07877526297

Email address - toby@letsgovelo.co.uk

